

Area 3E Summary of AYSO Guidelines for Short-Sided Games

Division	Ball Size	Duration (half) (Min)	Offside	Approx. Substitution (Min)	Keeper	Goal Kicks	Penalty Kicks	# of Players	Roster Max	Field Size (Yrds)	Goal Size (ft) W x H	Field Marking (Yrds)
U-06	3	10	Ignored	5	No Keeper	"Kick In" @ pt. Ball crosses Goal Line	No "PK" DFK @ pt. of foul	3 v 3	5	30 X 15	6 x 4	No GA No PA No CC No CA
U-08	3	20	Ignored	10	No Keeper	Anywhere in Goal Area	No "PK" DFK @ near pt.on goal area line	5 v 5	7	50 x 25	18 x 6	GA - 6x12 No PA CC - 6 CA - 1
U-10	4	25	FIFA Law	12 1/2	No Time limits within reason	FIFA Law	FIFA Law	7 v 7	10	80 x 40	21 x 7	GA - 6 x 15 PA - 14x30 CC - 8 PM - 10 PAC - 8
U-12	4	30	FIFA Law	15	FIFA Law	FIFA Law	FIFA Law	9 v 9	12	100 x 50	24 x 8	GA-6x20 PA-18x36 CC - 10 PM - 12 PAC - 10
U-14	5	35	FIFA Law	17 1/2	FIFA Law	FIFA Law	FIFA Law	11 v 11	18	120 x 70	24 x 8	FIFA Law
U-16-19 ("HS")	5	45	FIFA Law	10	FIFA Law	FIFA Law	FIFA Law	11v11	18	120x70	24 x 8	GA-6x20 PA-18x36 CC - 10 PM - 12 PAC - 10
		GL=Goal Line GA=Goal Area	PA=Penalty Area CC= Center Circle		PM= Penalty Mark PAC= Penalty Arc		CA=Corner Arc PK= Penalty Kick		IFK= Indirect Free Kick DFK= Direct Free Kick			